

Carlyle Yacht Club
2006 Commodore's Cup
Sailing Instructions

The safety of one's yacht and crew is the sole responsibility of each yacht's skipper, as is the decision to race, and to continue to race. Each skipper should make an individual assessment of their yacht, their crew's capabilities and weather conditions in making this determination

1. Rules.

The International Sailing Federation's The Racing Rules of Sailing for 2005-2005, Class Rules superseded shall govern races by these Sailing Instructions.

2. Entries

- A. Each skipper shall fully registered with all regatta fees paid in full to the CARLYLE YACHT CLUB prior to the Skipper's Meeting.
- B. To be eligible, a boat shall have a unique and easily recognizable number displayed on both sides of the mainsail. If duplicate sail numbers with another boat occur, the Race Committee can require either boat to change their sail number.
- C. All boats shall comply with Coast Guard requirements, applicable state and federal laws, and Class Rules if sailing with a class/one-design specific PHRF rating.
- D. Auxiliary motor power is required for safety reasons. The engine may be removed from the transom and stowed aboard if desired.
- E. Professionals may participate as crew but may not serve as helmsman unless they are the owner. The helmsman of every participating boat shall be an amateur or the owner. An amateur is a mariner who engages in yacht racing as a pastime, distinguished from a professional who derive their primary livelihood from the marine industry. The Sail Fleet Captain and their committee shall be the sole judge in determining whether any specific individual is an amateur or a professional.
- F. Crew Position (Rule 49.2)
Lifelines (if present) shall be taut. As a guide, when a deflecting force of 11.2# is applied to a lifeline midway between supports, the lifeline shall not deflect more than 3". If lifelines are present, the body torsos of crew shall remain inside of the lower lifeline. If there are no lifelines, the body torsos shall remain inside of the shear line of the boat."

3. Notices to Competitors

Notices to competitors will be posted on the CYC Bulletin Board inside the "Galley" at West Access Marina.

4. Changes in Sailing Instructions

- A. Announcements of changes to these Sailing Instructions will be made at the skipper's meeting, to be held at 0900 at West Access on the day of the race and will be posted on the CYC Bulletin Board inside the "Galley" at West Access Marina.
- B. Skippers are responsible for any information announced at the skippers meeting. (Boats from other harbors may get any pertinent information from the RC on the water or via VHF Channel 69 anytime prior to the first starting sequence.)

5. Signals Made Ashore

Signals made "ashore" will be displayed on the RC Boat.

6. Class Divisions and Fleets

Shall be determined by the prior to the beginning of the Regatta and posted on the CYC Bulletin Board at "The Galley

7. Schedule of Races

Skipper's Meeting: 9:00 AM
Start of Race: Race 1 - Saturday 11:00 AM
Race 2 and Race 3 Back to Back

8. Racing Area

The racing area will be the southern basin of Carlyle Lake

9. The Course

- A. One of several courses shall be selected for each race and fleet. A diagram showing the layout of the courses is attached to these instructions.
- B. Courses will be designated on a board and displayed on the RC Boat. The Sail Fleet Captain shall select the courses and make the decision to start or abandon any race.
"A" = Triangle, once around
"A2" = Triangle, twice around
"B" = Triangle followed by a Windward/Leeward.
"C" = Windward/Leeward followed by a Triangle, followed by a Windward/Leeward.
"E" = Windward/Leeward.
"E2" = Windward/Leeward twice around.
"E3" = Windward/Leeward three times around.
- C. The Course Board on the RC Boat shall indicate:
 - 1. The approximate three digit compass heading to the first mark.
 - 2. Course to be sailed:
 - a. The first letter designates the course for the spinnaker fleet(s)
 - b. The second letter designates the course for the non-spinnaker fleet(s).

10. Marks

The marks may be inflatable buoys, international orange in color. The starting/finishing mark will be an orange spar

11. The Start

- A. Races will be started in accordance with 2005-2008 US Sailing Rules, Rule 26, Starting Races.
- B. Start/Finish line shall be between the main mast of the RC auxiliary and orange pin sailing through the line towards the first mark of the course.

- C. Prior to the first start, a courtesy YELLOW “on-station” flag should be flown. This flag if displayed will be doused with one Sound approximately 1 minute from the commencement of the initial starting sequence.
- D. The FLEET FLAG for each starting division shall be the appropriate numeral International Code flag
- E. The starting sequence will commence with the hoisting of the Fleet Flag and one Sound. This denotes 5 minutes until the start of the designated fleet.
- F. With 4 minutes until the start, a second flag, the CODE FLAG “P” will be hoisted with one Sound and is the preparatory signal.
- G. At 1 minute until the start, the CODE FLAG “P” will be doused with one Sound.
- H. At the start, the Fleet Flag will be doused with one Sound
- I. Recalls will be signaled in accordance with racing Rule 29. Individual Recall, one sound signal and Code Flag X
- J. General Recall, two sound-signals and First Substitute. The First Substitute will be dipped one minute before re-starting that fleet’s timing sequence with the re-hoisting of their Fleet flag and one sound

12. The Finish

All finishes shall be made between the main mast of the RC Boat and the finish mark, sailing from the direction of the previous mark of the course.

13. Time Limits

- A. If the first boat of each fleet does not round the first mark within forty minutes of her start, the race shall be abandoned.
- B. An abandoned race will be signaled with three sounds and flying the code flag N. Code Flag N displayed alone means to return to the starting area.
- C. If code flag N is flown over code flag H, then all races are abandoned for the day and boats should return to the dock.
- D. If the first boat of each fleet does not complete the course within two hours of her start, the race shall be abandoned.
- E. Any boat that elects to drop out of the race must notify the Committee boat and get an acknowledgment from the RC.

14. Protests

- A. Any Yacht protesting another must conspicuously fly either a Code Flag ‘B’ or a red rectangular flag.
- B. Penalties apply as described in *The Racing Rules of Sailing for 2001-2004*. Rules 44.1 and 44.2 (720° turn penalty) apply unless at the time of the rule infraction, a spinnaker is hoisted, in which case the Boat can exonerate herself by fully lowering the chute to the deck, completing a 360° turn, and re-hoisting and flying the chute
- C. A Yacht intending to file a protest *must* notify the RC, on the water, upon completing the race, of their intention to protest and must identify the protested yacht.
- D. Protests are to be submitted to Bob McLaughlin one half hour after the RC boat docks.

15. Scoring

- A. The series will consist of up to three races.
- B. Only one race is needed to constitute a series
- C. There will be no throw-out race
- D. Scoring will be per Appendix A of the Racing Rules using the Low Point System

16. Awards

Awards shall be presented to the top five yachts of each fleet. Award ceremony to be held at the West Access Galley as part of the dinner activities.

COURSE A1: Δ	Start-1-2-Finish
A2: Δ 2 Laps	Start-1-2-3-1-2-Finish
COURSE B: Δ -W/L	Start - 1- 2- 3- 1 - Finish
COURSE E1: W/L 1 Lap	Start-1-Finish
E2: W/L 2 Laps	Start-1-3-1-Finish
E3: W/L 3 Laps	Start-1-3-1-3-1-Finish
COURSE C: Δ -W/L- Δ	Start- 1-3-1-2-3-1-Finish

All marks to be rounded to **Port**.

