

## ATTESTATION & RELEASE

I agree to abide the rules set forth in the current US Sailing Racing Rules, CYC's (Carlyle Yacht Club) Notice of Race, and CYC's Sailing Instructions, and attest that all measurement information given is true and correct to the best of my knowledge.

I affirm that I have been advised and informed of the inherent hazards of sailboat racing. I understand that sailboat racing involves certain inherent risks: falling overboard, hypothermia, drowning, rope burns, impact injuries, crushed fingers, hands or extremities, and that other injuries requiring medical attention may occur.

I still choose to proceed with sailboat racing in spite of the possible absence of medical assistance and rescue craft at the race site. I understand and agree that Carlyle Yacht Club and any of its employees, officers, agents or assigns, (the Released Parties) may not be held liable or responsible in any way for any injury, death, or other damages to me or my family, heirs, or assigns that may occur as a result of my participation in this racing program or as a result of the negligence of any of them.

In consideration of being allowed to participate in this program, I hereby save and hold harmless said Released Parties and, I personally assume all risks in connection with said program, for any harm, injury or damage that may befall me while I am a participant in this program, including all risks connected therewith, whether foreseen or unforeseen. The safety of one's boat and crew is the sole responsibility of each boat's skipper, as is the decision to race, and to continue to race. Each skipper should make an individual assessment of his boat, his crew's capabilities, and weather conditions in making this determination.